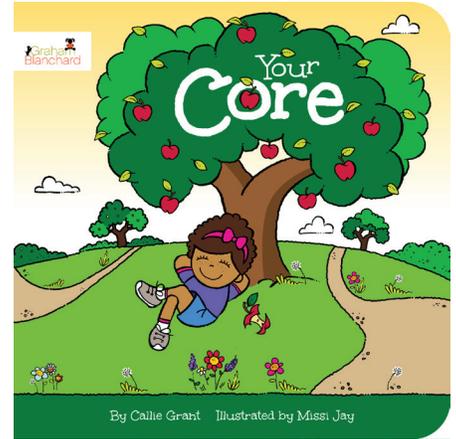


By Lynda Greene, Education Director

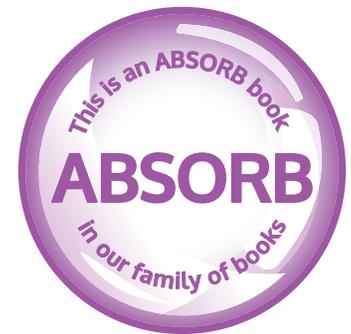
Your Core

Balls, the earth, and apples all have cores that can be seen or experienced. Through lively images and easy-to-understand examples, this book leads to an awareness of the special place inside each of us where our love of God can grow and dwell. The sweet text provides comforting reassurance of God's constant presence. Parents can reinforce the message to their young children that God is always within to help guide and keep them safe, even though He is out of sight.



Building on the Book:

- How many examples of cores can you and your young child discover? Take a large piece of construction paper and title it "Cores." Add pictures cut out of magazines or simple drawings of objects you observe or can think of that have cores. With each new example, talk about the purpose of that particular core and make the connection to your child's inner self.
- Welcome your child into the kitchen as you prepare food to discover how many fruits and vegetables have seeds inside their cores. Explain that the seeds enable the plant to grow anew, just as our core grows in faith and friendship with God.
- Once your child has experienced many concrete examples of cores, you can seize upon golden moments to discuss the deeper meaning of the soul. When you see your child behave in a generous and loving way, offer praise and a reminder that God's influence from within—your child's core—leads to these good deeds.



We would love to hear about your experiences with this book!
Please send ideas and comments to hello@grahamblanchard.com.